CHINESE BOOST

Diet and nutrition Chinese vocabulary: Outside HSK

11 words with pinyin, 繁體 and meanings, 3 of them with an example sentence.
Every word here links to its entry on the site.

Diet and nutrition Chinese vocabulary: Outside HSK on the web
The same words as a CSV, for Anki or a spreadsheet
A free account, which keeps 简体 or 繁體, pinyin or 注音 and the rest of how you read Chinese on every device

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Words

节食 節食
jiéshí to save food / to go on a diet

防腐剂 防腐劑
fángfǔjì preservative / antiseptic

转基因 轉基因
zhuǎnjīyīn genetic modification

> 转基因棉花不容易生虫。
> Zhuǎnjīyīn miánhua bù róngyì shēng chóng.
> Genetically modified cotton is less likely to get pests.

食物中毒
shíwùzhòngdú food poisoning

> 夏天容易食物中毒，要小心。
> Xiàtiān róngyì shíwùzhòngdú, yào xiǎoxīn.
> Food poisoning is common in summer, so be careful.

碳水化合物
tànshuǐhuàhéwù carbohydrate

蛋白
dànbái egg white / protein / albumen

矿物质 礦物質
kuàngwùzhì mineral, esp. dietary mineral

> 蔬菜富含矿物质吗?
> Shūcài fùhán kuàngwùzhì ma?
> Are vegetables rich in minerals?

暴饮暴食 暴飲暴食
bàoyǐnbàoshí to eat and drink unreasonably

偏食
piānshí partial to (some kinds of food, usu. unhealthy) / having likes and dislikes / partial eclipse

暴食
bàoshí to eat too much / to binge

代餐
dàicān meal replacement