CHINESE BOOST

Feelings Chinese vocabulary: Advanced (HSK 7-9)

50 words with pinyin, 繁體 and meanings, 49 of them with an example sentence.
Every word here links to its entry on the site.

Feelings Chinese vocabulary: Advanced (HSK 7-9) on the web
The same words as a CSV, for Anki or a spreadsheet
A free account, which keeps 简体 or 繁體, pinyin or 注音 and the rest of how you read Chinese on every device

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Words

孤单 孤單
gūdān lone / lonely / loneliness

我当时不孤单。
Wǒ dāngshí bù gūdān.
I wasn't alone then.

嫉妒
jídù to be jealous of / to envy

他们会嫉妒。
Tāmen huì jídù.
They'll be jealous.

郁闷 鬱悶
yùmèn gloomy / depressed

别郁闷了，我请你吃饭。
Bié yùmènle, wǒ qǐng nǐ chīfàn.
Don't be so down, I'll treat you to a meal.

欣慰
xīnwèi to be gratified

你过得好，我就欣慰了。
Nǐ guò de hǎo, wǒ jiù xīnwèile.
As long as you're doing well, I'm content.

愧疚
kuìjiù to feel guilty / to feel ashamed of oneself / to be remorseful

沮丧 沮喪
jǔsàng dispirited / dejected / dismayed

我经常觉得沮丧。
Wǒ jīngcháng juéde jǔsàng.
I feel depressed often.

欣喜
xīnxǐ happy

听到好消息，大家都很欣喜。
Tīngdào hǎoxiāoxī, dàjiā dōu hěn xīnxǐ.
Hearing the good news, everyone was delighted.

感慨
gǎnkǎi to sigh with sorrow, regret etc / rueful / deeply moved

时间过得真快，她不禁感慨。
Shíjiān guò de zhēn kuài, tā bùjīn gǎnkǎi.
Time flies, and she couldn't help sighing ruefully.

忧愁 憂愁
yōuchóu to be worried

好忧愁的一个男人。
Hǎo yōuchóu de yí gè nánrén.
What a sad man!

憧憬
chōngjǐng to long for / to look forward to

你憧憬什么样的退休生活？
Nǐ chōngjǐng shénmeyàng de tuìxiū shēnghuó?
What kind of retirement life do you look forward to?

心酸
xīnsuān to feel sad

想起那些日子，妈妈很心酸。
Xiǎngqǐ nèixiē rìzi, māma hěn xīnsuān.
Thinking of those days makes my mother feel heartsick.

慌
huāng to get panicky / to lose one's head / (after 得[de2]) unbearably / terribly

事实上，她撒慌了。
Shìshíshàng, tā sā huāngle.
In fact she lied.

焦急
jiāojí anxiety / anxious

别焦急，车马上就到。
Bié jiāojí, chēmǎ shàng jiù dào.
Don't worry, the car will be here soon.

惊奇 驚奇
jīngqí to be amazed / to be surprised / to wonder

日本充满惊奇。
Rìběn chōngmǎn jīngqí.
Japan is full of surprises!

欢呼 歡呼
huānhū to cheer for / to acclaim

大家都欢呼了。
Dàjiā dōu huānhūle.
Everyone cheered.

喜悦 喜悅
xǐyuè happy / joyous

凡美的事物就是永恒的喜悦。
Fán Měidí shìwù jiùshì yǒnghéng de xǐyuè.
A thing of beauty is a joy forever.

忧虑 憂慮
yōulǜ to worry / anxiety (about)

不用忧虑，医生说没问题。
Búyòng yōulǜ, yīshēng shuō méi wèntí.
Don't worry, the doctor said it's fine.

仇恨
chóuhèn to hate / hatred / enmity / hostility

人们需要止住仇恨。
Rénmen xūyào zhǐ zhù chóuhèn.
People need to stop hating.

惭愧 慚愧
cánkuì ashamed

我对我自己感到惭愧。
Wǒ duì wǒ zìjǐ gǎndào cánkuì.
I am ashamed of myself.

压抑 壓抑
yāyì to constrain or repress emotions / oppressive / stifling / depressing / repression

没有窗户的房间很压抑。
Méiyǒu chuānghu de fángjiān hěn yāyì.
A room without windows feels stifling.

宁静 寧靜
níngjìng tranquil / tranquility / serenity

山里的夜晚非常宁静。
Shān lǐ de yèwǎn fēicháng níngjìng.
The nights in the mountains are very tranquil.

气愤 氣憤
qìfèn indignant / furious

顾客气愤地要求退钱。
Gùkè qìfèn de yāoqiú tuìqián.
The furious customer demanded a refund.

操心
cāoxīn to worry about

他总是为儿子的工作操心。
Tā zǒngshì wèi érzi de gōngzuò cāoxīn.
He is always worried about his son's job.

惊慌 驚慌
jīnghuāng to panic / to be alarmed

他遇到危险也不惊慌。
Tā yùdào wēixiǎn yě bù jīnghuāng.
He doesn't panic even when he's in danger.

安心
ānxīn at ease / to feel relieved / to set one's mind at rest / to keep one's mind on sth

让我安心工作。
Ràng wǒ ānxīn gōngzuò.
Let me work in peace.

厌恶 厭惡
yànwù to loathe / to hate / disgusted with sth

我厌恶政治。
Wǒ yànwù zhèngzhì.
I abhor politics.

悲惨 悲慘
bēicǎn miserable / tragic

他小时候的生活过得很悲惨。
Tā xiǎoshíhou de shēnghuóguo de hěn bēicǎn.
His life was miserable when he was a child.

悲痛
bēitòng grieved / sorrowful

语言不能减轻她的悲痛。
Yǔyán bùnéng jiǎnqīng tā de bēitòng.
No words can relieve her deep sorrow.

困惑
kùnhuò bewildered / perplexed / confused / perplexity / difficult problem

我真的很困惑。
Wǒ zhēnde hěn kùnhuò.
I was really confused.

畏惧 畏懼
wèijù to fear / to dread / foreboding

她并不畏惧他。
Tā bìng bú wèijù tā.
She wasn't intimidated by him.

苦恼 苦惱
kǔnǎo vexed / distressed

她承认她很苦恼。
Tā chéngrèn tā hěn kǔnǎo.
She acknowledged she was upset.

反感
fǎngǎn to be disgusted with / to dislike / bad reaction / antipathy

他真的让我很反感。
Tā zhēnde ràng wǒ hěn fǎngǎn.
He really turns me off.

疲惫 疲憊
píbèi beaten / exhausted / tired

他疲惫得倒头就睡。
Tā píbèi de dǎotóu jiù shuì.
He was so exhausted that he fell asleep the moment his head hit the pillow.

快活
kuàihuo happy / cheerful

外婆现在过得很快活。
Wàipó xiànzài guò de hěn kuàihuo.
Grandma is living very happily these days.

振奋 振奮
zhènfèn to stir oneself up / to raise one's spirits / to inspire

好消息让大家很振奋。
Hǎoxiāoxī ràng dàjiā hěn zhènfèn.
The good news lifted everyone's spirits.

乐意 樂意
lèyì to be willing to do sth / to be ready to do sth / to be happy to do sth / content / satisfied

我乐意分享。
Wǒ lèyì fēnxiǎng.
I'm willing to share.

悲哀
bēi'āi grieved / sorrowful

> 她的眼神里充满了悲哀。
> Tā de yǎnshén lǐ chōngmǎnle bēi'āi.
> Her eyes were full of sadness.

知足
zhīzú content with one's situation / to know contentment (hence happiness)

> 古书曰：知足者常乐。
> Gǔshū yuē: zhīzúzhě cháng lè.
> An old book says: those who are content are always happy.

烦躁 煩躁
fánzào jittery / twitchy / fidgety

> 他等了很久，开始烦躁起来。
> Tā děng le hěn jiǔ, kāishǐ fánzào qǐlai.
> He had waited a long time and began to get jittery.

伤感 傷感
shānggǎn sad / emotional / sentimental / pathos

> 曲子里有一种淡淡的伤感。
> Qǔzi lǐ yǒu yìzhǒng dàndàn de shānggǎn.
> There is a faint sense of pathos in the melody.

甜蜜
tiánmì sweet / happy

> 蜂蜜尝起来很甜蜜。
> Fēngmì cháng qǐlai hěn tiánmì.
> Honey tastes very sweet.

钦佩 欽佩
qīnpèi to admire / to look up to / to respect sb greatly

> 我很钦佩他的才干。
> Wǒ hěn qīnpèi tā de cáigàn.
> I feel admiration for his talent.

疲倦
píjuàn to tire / tired

> 她看上去非常疲倦。
> Tā kànshangqu fēicháng píjuàn.
> She looks extremely tired.

劳累 勞累
láolèi tired / exhausted / worn out / to toil

> 他工作太劳累，病倒了。
> Tā gōngzuò tài láolèi, bìngdǎole.
> He was so exhausted from work that he fell ill.

焦躁
jiāozào fretful / impatient

> 考试前，她心里有点焦躁。
> Kǎoshì qián, tā xīnli yǒudiǎn jiāozào.
> Before the exam, she felt a bit fretful.

心事
xīnshì a load on one's mind / worry

> 她最近好像有心事。
> Tā zuìjìn hǎoxiàng yǒu xīnshì.
> She seems to have something on her mind lately.

恐慌
kǒnghuāng panic / panicky / panic-stricken

> 地震后人们普遍觉得恐慌。
> Dìzhèn hòu rénmen pǔbiàn juéde kǒnghuāng.
> There was widespread panic after the earthquake.

悼念
dàoniàn to grieve

> 人们在广场上悼念死者。
> Rénmen zài guǎngchǎng shàng dàoniàn sǐzhě.
> People mourned the dead in the square.

情不自禁
qíngbùzìjīn cannot refrain from / cannot help / cannot but

> 听到老歌，她情不自禁哭了。
> Tīngdào lǎogē, tā qíngbúzìjīn kūle.
> Hearing the old song, she couldn't help crying.

叹气 嘆氣
tànqì to sigh / to heave a sigh

> 她望着雨，默默叹气。
> Tā wàngzhe yǔ, mòmò tànqì.
> She watched the rain and heaved a quiet sigh.